

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

OPPORTUNITIES

10th October is **World Mental Health Day**. This year's theme set by the World Federation of Mental Health is workplace mental health. The theme highlights the importance of addressing mental health and wellbeing in the workplace, for the benefit of people, organisations, and communities.

There are lots of ways that you can take part in World Mental Health Day. You can use the social media hashtag #WMHD2024 to see what companies are doing to celebrate and raise awareness, this may be wearing a green ribbon to show support, holding a Tea & Talk, or getting running an event to showcase how they support their employee's mental health.



Talking is good for your mental health. And talking about mental health is important. But starting a conversation isn't always easy. Whether you'd like to talk to someone about how you're feeling, or check-in with someone you care about, <u>here are some tips that can help.</u>



Every year 1 in 4 of us will experience a mental health problem. Nearly 2 million are waiting for NHS mental health services, and since 2017 the number of young people struggling with mental health has doubled. Mind have set out the <u>steps the new UK government must take</u> towards a future where there's no mind left behind.



If you're thinking of a career in mental health, here are some job roles that you may wish to consider: Mental Health Nurse | Child Psychotherapist | Occupational Therapist & Art Therapist



In this video from the NHS, people with lived experience of mental health describe the "huge impact" that great mental health care had on their recovery and their lives, and some of our mental health nurses explain why there's "...no greater gift than supporting someone and seeing them prosper and flourish."

If you have any questions or need support, please email l.krzyzosiak@trafalgar.wilts.sch.uk

JOB OF THE WEEK



Mental Health
Therapist

Mental Health
Therapists are qualified
professionals who treat
the cognitive,
behavioral, and
emotional aspects of
mental health
conditions. They work
with individuals,
families, couples, and
groups in a variety of
settings.

Watch the video to learn more about working hours, salary and qualifications needed.

LABOUR MARKET INFORMATION FACT

875,000 workers suffered from workrelated stress, depression and anxiety in 2022/23.

This makes Mental Heath the 5th most common reason for sickness/absence from the workplace in 2022.

Source

For up-to-date LMI for Wiltshire, click here.





OPPORTUNITIES



Did you know that there is an instant messaging platform called <u>Unibuddy</u> that allows you to speak to current university students studying all over the UK? You can filter by subject or university and get honest answers to any questions you have about the university or course.



The <u>Government's Apprenticeship application website</u> has made it easier for you to ensure you're applying to the right level apprenticeship. Instead of using the terms "intermediate", "advanced" etc, they now tell you the level and what it is equivalent to. For example, "Level 3 - Equal to A Level".



If you don't have much planned for October break and would like to spend your time helping your future self, an <u>online work experience opportunity</u> could be perfect. They can help you to decide if an industry is right for you and they will look great on your CV, apprenticeship applications and university personal statement. Here are a few options...



You have probably heard of accountancy and advisory services before. Think you know what professionals in this field really do? Embark on this virtual work experience to explore the world of accountancy and advisory services with BDO!



<u>This varied programme</u> will introduce you to a wide range of areas within the housebuilding space. From construction and site careers to marketing and tech roles, you'll come to understand how rewarding a career in property can be.



With over 350 roles in the healthcare sector, each with a unique purpose, it's time to discover your path. This programme provides valuable insights into health and social care careers, helping you take your first steps in this area. From an introduction to the sector to exploring different opportunities and responsibilities, you'll engage in quizzes, activities, and conversations with leading industry experts. Join us for a fantastic programme that prepares you for a fulfilling career in health and care professions.



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EMPLOYER SPOTLIGHT



"A career in Civil
Engineering is an exciting and dynamic one. Not many industries make such a tangible difference to our civilisation, and we need to ensure that we have the best talent to meet the ever-increasing demands of our society and the ever-changing face of our infrastructure needs."

Read more about <u>Tony</u> <u>Gee Careers here.</u>

UNI SPOTLIGHT



"Join a community of open-minded thinkers and doers, where everyone is empowered to reach their full potential. Together, we'll work hard to build a better future—for you and the wider world. You can choose from 300+ degree courses. We offer flexibility so you can tailor components of your degree to suit your own interests & ambitions."

Read more about <u>Cardiff</u> <u>University Courses here.</u>



PETERS SYMONDS COLLEGE VISIT





On Tuesday, we hosted a representative from Peter Symonds College. Unfortunately Peter Symonds were unable to attend our 'Post-16 Palooza' event last week, so this was a great opportunity for students to talk to the college and pick up a prospectus.

Their open evening was last week, however you can contact the college directly if you would like a tour. Applications for September 2025 are now open and the deadline is Monday 9th December 2024.





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LOCAL APPRENTICESHIPS SPOTLIGHT



"Ford Light Vehicle Apprentice Technician, Edwards Ford, Foray Motor Group, Salisbury.

Foray Motor Group is a leading Ford provider of sales, servicing & parts and accident repair. This is an exciting opportunity for apprentices to be trained using the latest diagnostic equipment to provide them with the relevant skills to react to the ever changing technological developments within the car industry.

Day to day tasks will always vary, but will normally include:

- Servicing
- MOT's
- Vehicle maintenance
- Observing and assisting senior technicians

You will earn from £13,212 a year working 8 hour shifts."

To find more exciting apprenticeship opportunities in the local area, click <u>here</u>.



POST-16 PROVIDER OPEN EVENTS & APPLICATION DEADLINES

		OPEN EVENTS INFORMATION	APPLICATION DEADLINES (for September 2025 entry)
S6C	S6C	Wednesday 16th October 2024 (4.30/5.30/6.30pm) Thursday 21st November 2024 (4.30/5.30/6.30pm)	Friday 31st January 2025
SARUM ACADEMY	SARUM	Tuesday 8th October 2024 (4.30 – 6.30pm)	No official deadline but the earlier the better
WILTSHIRE COLLEGE	Wiltshire College	Tuesday 8th October 2024 (5.00 – 7.00pm) More will be added at a later date	No official deadline but be aware that some courses get filled up so the earlier the better.
SOUTH WILTS	South Wilts Grammar School	Tuesday 8th October 2024 (1.25 – 3.45pm) Tuesday 15th October 2024 (5.00 – 7.00pm) Wednesday 4th December 2024 (1.25 – 3.45pm)	January 2025 (exact date TBC)
BROCKENHURST	Brockenhurst College	Wednesday 25th September 2024 (4.30 – 8.00pm) Saturday 12th October 2024 (9.30am – 1.30pm) Saturday 9 th November 2024 (9.30am – 1.30pm) Thursday 3rd July 2025 (5.00 – 8.00pm)	Friday 7th February 2025
PETER SYMONDS	Poter Remark Calage	Tuesday 1st October 2024 (5.30 – 8.30pm) Wednesday 2nd October 2024 (5.30 – 8.30pm)	Monday 9th December 2024
BURGATE	Burgate School & South Form	Wednesday 9th October 2024 (6.00 – 8.00pm)	Friday 20th December 2024
BISHOPS		Friday 20th September 2024 @ 2.30pm Thursday 26th September 2024 @ 9.30am Monday 7th October 2024 @ 2.30pm Thursday 21st November 2024 @ 2.30pm Wednesday 15th January 2025 @ 2.30pm	Monday 3rd February 2025
ANDOVER COLLEGE	AND\$VER.	Wednesday 2nd October 2024 (4.30 – 7.30pm) Tuesday 12th November 2024 (4.30 – 7.30pm) Thursday 13th February 2025 (Time TBC) Wednesday 7th May 2025 (Time TBC)	No official deadline but be aware that some courses get filled up so the earlier the better.
SPARSHOLT	SPARSHEDLT	Saturday 5th October 2024 (Time TBC) Saturday 9th November 2024 (Time TBC) Saturday 1st February 2025 (Time TBC) Saturday 1st March 2025 (Time TBC) Wednesday 30th April 2025 (Time TBC) Thursday 12th June 2025 (Time TBC)	(Open on the 5th October). They take applications right up until the start of the course, but only if places are available (so apply much earlier if you can).
RINGWOOD		Thursday 7th November 2024 (5.30 – 7.30pm)	Tuesday 10th December 2024
BARTON PEVERIL	Barton Peveril South Form College	Wednesday 25th September 2024 (4.30 – 8.30pm) Thursday 26th September 2024 (4.30 – 8.30pm)	Friday 14th February 2025
KINGDOWN	Kingdown School Believe Aspire Achieve	Thursday 26th September 2024 (6.00 – 8.00pm)	Friday 20th December 2024

